**Cigarettes** is a small cylinder of finely cut tobacco leaves rolled in thin paper. The cigarette is ignited at one end causing the cigarette to smoulder and smoke is inhaled from the other end, which is held in or to the mouth; Most modern manufactured cigarettes are filtered.

**Cigarillos** are medium cigars that are sold with plastic or wooden tips. They are usually sold individually or in packs of 5 or 8.

**Little filtered cigars** look like cigarettes and are usually brown in color. Like cigarettes, little filtered cigars have a spongy filter and are sold in packs of 20.

**Electronic cigarettes**, or e-cigarettes, are battery operated devices that simulate smoking a cigarette, but do not involve the burning of tobacco. The heated vapor produced by an e-cigarette often contains nicotine.

**Chewing tobacco** is a type of smokeless tobacco product consumed by placing a portion of the tobacco between the cheek and gum or upper lip teeth and chewing.
**Quitline Survey**

Tobacco Product Reference Sheet

**Dissolvable tobacco products** contain finely ground tobacco that are placed in the mouth or on the tongue and dissolve.

**Bidis or Beedies** are small, thin, hand-rolled cigarettes imported to the United States, primarily from India and other Southeast Asian countries. They comprise tobacco wrapped in a tendu or temburni leaf and may be secured with a colorful string at one or both ends.

**Snuff** is a finely ground tobacco product that comes in two forms: Wet or moist **snuff**. Wet/moist **snuff** comes in a can and is used by putting a "pinch" between the cheek or the lower lip and the gum. It remains there while nicotine is slowly released and absorbed through the lining of the mouth.

**Vaping or E-Vaping** is use of battery-powered vaporizers that simulate the feeling of smoking, but without tobacco. Their use is commonly called "vaping". Instead of cigarette smoke, the user inhales an aerosol, commonly called vapor, typically released by a heating element that atomizes a liquid solution known as e-liquid.
**Snus** is a moist, smokeless tobacco, usually sold in individual or pre-packaged small pouches that are placed under the lip against the gum.